



## \* STAND OUT @ ASAP STUDIOS \*

\* AGES 2 YRS+ \* FUNK/HIP HOP \* TAP \* BALLET \* CONTEMPORARY \* JAZZ \* ACRO \* TECHNIQUE \* FLEXIBILITY \*  
SINGING \* MUSICAL THEATRE \* DRAMA \* GREAT EXERCISE \* BOYS & GIRLS \* RELAXED ENVIRONMENT  
\* FAMILY DISCOUNTS \* MULTIPLE CLASS DISCOUNTS

## WELCOME TO ASAP STUDIOS

Please find, in this booklet, information pertaining to ASAP Studios.

By enrolling yourself (in the case of adult students) or your child (in the case of students under 18 years of age) in ASAP Studios classes you (as the adult student, or the child student's parent or guardian) acknowledge that you have read, agree to abide by, and (where the context requires) consent to, all of the terms, conditions, codes and policies referred to below & in the above documents.

### MISSION

Our school's mission is to help students to become more confident, coordinated, appreciate the importance of exercise, make new friends, and enjoy every experience. Our school strives to engage in the overall development of an individual - physically, intellectually and emotionally.

### OUR AIM

Is to help students to develop grace, composure and style. It also provides a fun way to exercise and get rid of stress. We, as teachers pride ourselves in being approachable to both students and parents and in helping students of all abilities, including the encouragement of special needs children.

### OUR SCHOOL

Encourages and teaches enthusiasts from the age of 2yrs & above. Each year the school puts on a performance for family and friends, giving students a great sense of achievement for all their hard work and effort throughout the year.

### WHAT YOU CAN EXPECT TO LEARN

- Wide variety of dance and movement experiences and a variation of dance styles
- Wide variety of performing arts experiences
- Awareness of self and others
- Discipline
- Sense of achievement
- Positive self-concept
- Good balance and Posture
- Increase in general fitness
- Increase in strength and flexibility
- Understanding of skills
- Ability to learn a series of movements
- To perform in front of an audience
- New Friends and lots of fun
- And much more

For further inquiries, please do not hesitate to contact us on 0425 704 356. If we are unable to take your call, we will endeavour to get back to you ASAP.

Remember: Let's keep this the same great, fun, relaxed school it has always been.

In the Best of Health

Mrs Jacqueline Tsamoudakis  
Principal

## UNSURE YOU CAN MAKE A YEAR COMMITMENT?

Most programs are designed on a full year's attendance; however we are happy to take enrolments at any time if there is a vacancy. Should you need to leave prior to the end of year performance, please make us aware as soon as possible?

## UNIFORM REQUIREMENTS

The ASAP Studios uniform is compulsory and must be worn every lesson. Uniform items are also required for our end of year concert and competition students must wear their uniform to & from competition venues.

We have our own Logo Uniform for Purchase.

Shoes must be fitted by a dancewear consultant in store at Energetiks Moorabbin.

N.B. – Please discuss purchases from other suppliers, with Jacqueline, as they often do not stock the correct styles or colours & are often a more expensive option.

## DRESS RULES

Please ensure you are ready for class and safely dressed BEFORE your lesson starts. Below are the requirements for class to ensure there is no confusion.

- NO buttons, buckles, or clips on any clothing
- ALL long hair needs to be tied securely. ALL hair is to be neat, out of eyes and off the face at all times (no hard head bands or bobbles)
- ASAP uniform jackets may be worn on top of dance gear but MUST be removed following warm up.

Jumpers and jeans are not permitted as it is very important to wear items which are safe and comfortable, keeping in mind that the body heats very quickly. Children not following these rules may be asked to leave the room and miss out on their lesson.

## GENERAL RULES

- A water bottle is required for each lesson. Please NO juice, cordial or soft drink.
- NO chewing gum or food on the dance floor
- Go to the toilet before class.
- Be on time for class – Arrive a few minutes early to settle and prepare for class.
- Please clean up properly after class and ensure you have not left anything behind. Lost property will be kept till the end of term & then sent to charity. To avoid losing items please label all items clearly.
- Non-students are to be occupied and kept quiet. Please keep conversations to a whisper as noise carries and disrupts the class' concentration. Parents are not to sit in on classes as this causes disruption. (Exceptions will of course be made to new students in trial lessons).
- All mobile phones MUST be turned off as you enter and remain off until you leave.
- Instructors are not responsible for any loss or damage of personal items which have be brought in to the studio.
- Students must not partake in any activity while not being directly supervised by an instructor.
- These rules are for your health and safety as well as that of everyone in the class. Please ensure that children also understand what is required before he/she enters the class.

## WHY DO WE SEPARATE SOME STYLES?

- Styles such as ballet & tap, flex/acro, require a lesson on their own in order for correct technique to be taught.
- It is very difficult for students to learn the correct technique required for each style if the styles are all combined, for example, in a 1hr class.
- Students often prefer to participate in several classes on a weekly basis.
- Students participating in several classes enjoy the social aspect of spending more time with friends and fellow team members.
- More classes mean more physical activity/exercise away from today's technology driven world. This is very important as students become older. The physical aspect is proven to enhance concentration when returning to academic studies.

## FEE STRUCTURE

Fees are calculated based on the number of classes per week multiplied by the number of weeks in the term. (N.B. Term 4 is calculated based on additional rehearsal time and includes the dress, stage & photo rehearsals) ASAP Studios does not run classes on public holidays and fees are reduced accordingly.

All fees must be paid in advance via an ASAP Studios Try booking Link found on our website. If you do not do this the student may not be permitted to participate in the class.

As overheads remain the same regardless of attendance, fees are non-refundable for classes missed, or if your child does not complete the whole term.

## PRIVATE LESSONS

Private lessons are a one on one lesson and the following styles can be selected:

- \* Jazz/Song & Dance
- \* Ballet
- \* National
- \* Contemporary
- \* Script Reading
- \* Tap/Song & Tap
- \* Character
- \* Hip Hop/Funk
- \* Singing
- \* Instrumental & more

Private lessons can be used as a means to performing in our end of year concert, within competitions, to improve technique or simply for fun. Student/s may also wish to share a lesson with 1 or 2 others to learn a duo or trio.

PRIVATE	PER CLASS
30 MINS	\$30
45 MINS	\$45
1 HR	\$60

## PLEASE NOTE

- All fees are non-refundable and non-transferable unless extreme circumstances permit.
- Late fees automatically incur a \$10 surcharge per student.
- Only if it becomes absolutely necessary, ASAP Studios reserves the right to alter times or cancel class. Any cancelled class will be refunded or rescheduled.

## YEARLY REGISTRATION

The yearly Registration of \$50 per student is a compulsory payment. It covers the following:

- \* Insurance Cover.
- \* Administration Fee.
- \* Amenities such as tissues, first aid etc.
- \* This is also a holding fee for your child's place at ASAP Studios and is non-refundable. This fee is required to be paid in full by all students, regardless of their starting date.

## TUITION FEES

Tuition fees go toward paying for the following accounts:

- \* Studio Leases & Outgoings
- \* Purchase of Music/Equipment etc
- \* Instructor's time
- \* Music Licencing
- \* Props where required
- \* EOY certificates, gifts & more

## EXTRAS

During term four an extra fee will be required of approx. \$20 per student, per rehearsal, for the hire of the stage. In 2021, a costume invoice will be sent out during term 3. You will have until the end of term 3 to pay this invoice. Where possible, costumes will be made to order & can be kept by students, however some costumes will be for hire only. A hired costume usually costs \$20-\$35 per full costume. Made to order costumes are more expensive at approximately \$60-\$80 per costume.

All attempts will be made to keep these extra fees as low as possible. Students will also be required to purchase their own body stocking & stockings for performances as well as make up & hair accessories.

### RECREATIONAL CLASSES:

Recreational classes are a fun, relaxed class which does not compete, however students still learn the techniques required to dance to their full potential.

### EXAMS:

All students will learn the SFD exam syllabus in Ballet & Jazz & Tap Techz Syllabus in Tap. When it comes time to participate in exams, each family will have the opportunity to participate in exams if their dancer feels ready. It is not compulsory but we have chosen a syllabus which is student friendly for students who may only be able to attend classes just once a week.

### COMPETITION CLASSES:

Competition classes give students the opportunity to extend their skills in a more focused & serious environment, with like-minded students. Several weekly classes are recommended to be attended, in addition to a competition troupe class.

Students falling behind in competition classes may be asked to take on extra private lessons.

Competition classes are open to all students, ages & abilities, however the final routine placings are by invitation only.

Competition Soloists must participate in the class of the same style they wish to compete in, in addition to ballet. For students who may wish to further develop their skills, but not compete, they have the option to take on additional classes in a higher age level. This must first be discussed with Jacqueline.

### AGE GROUPS:

Class age groups must be adhered to unless otherwise agreed to by the Principal. Students may also wish to take on extension classes in higher age levels. This will be determined by the ability of the student and is at the discretion of the teachers only.

### BOYS:

Boys are welcome to join either the boy's only classes or they may wish to enter a class with the girls. We often find that the boys will excel more quickly within a mixed class. Boys enrolled in a mixed class are catered for in a masculine form.

### CLASS NUMBERS:

As a guide, class numbers are kept to an average of no more than 15 students per class. Should higher numbers occur, it will be done only in the event of a class with good dynamics, where students are able to work well together, without the quantity affecting the quality of each class.

## STYLES EXPLAINED

### BODY CONDITIONING/ACRO

Acrobatics helps you acquire agility, balance and motor coordination by incorporating flips, jumps and rolls. Learn new moves which you can add to your repertoire of performing arts skills.

### BALLET

Ballet is a formal style of dance. It is excellent for improving agility, coordination, flexibility, grace and strength. Ballet teachers use a 'barre' (bar) for support during ballet exercise. These exercises consist of repetitive moves in a variety of set positions.

### CONTEMPORARY

Contemporary is among the most distinctive dance styles often described as earthy. An artistic combination of ballet techniques and naturalistic movements, contemporary dance style includes a lot of floor work and turn in of the legs.

### JAZZ

Jazz is a combination of dance styles that come from the musical theatre arts. Also known as modern dance or jazz ballet, it is often used in musical theatre, commercials and music video clips. Jazz takes some technique from Classical Ballet.

A typical jazz class consists of stretching and isolating different body parts. Then the class starts learning separate moves like turns, jumps, leaps and pirouettes. A short, step-by-step routine is taught accompanied by music.

### TAP

Tap is a style of dance distinguished by percussive footwork that marks out precise rhythmic patterns on the floor. Tap Dancing was developed in the United States, but owes much of its development to dance styles that include Irish solo step dance, the English clog dance, Spanish Flamenco and African dance movements.

### SINGING/MUSICAL THEATRE

Private lessons are available for those wanting to learn to sing in half hour lessons providing one-on-one tuition. Our Group classes consist of singing, movement, & improvisation. It is a great class for building confidence in a group environment.

### ASAP ATHS

ASAP ATHS consists of fun, energetic activities for children. It focuses on jumping, running, balancing, coordination & more. Think little aths but indoors. A great way for kids to keep fit & have fun.

### HIP HOP

Hip Hop choreography makes use of the same components and techniques found in other forms of Urban Dance. These include Popping, Locking and Breaking. Meanwhile, martial arts dance styles like Capoeira are also looked to for inspiration.

Funk dancing is like the dance styles performed in the latest music videos. These classes are so much fun and patterned after the latest music trends. Funk is a great workout because you won't even realise that you are exercising. It's a great beginning for new dancers, especially for those who have never taken a dance class before.

### LYRICAL

Lyrical dance is a style of dance created from the fusion of ballet with jazz and contemporary dance techniques and is a "cousin" to those styles. Lyrical dancing is performed to music with lyrics to inspire movements to express strong emotions the choreographer feels from the lyrics in the chosen song.

### HEELS

Learn the skills of dancing in heels, from basic walks to sassy & Broadway styles.

### YOGA

Yoga improves balance, strength, endurance, and aerobic capacity in children. Yoga can improve focus, memory, self-esteem, academic performance, and classroom behavior, and can even reduce anxiety and stress in children.

## TIMETABLE:

**N.B:** The timetable is subject to change throughout the year dependent on student numbers and requirements. Every attempt is made to keep the schedule as convenient as possible for all students.

## PUBLIC HOLIDAYS

Monday 14<sup>th</sup> March  
Monday 13<sup>th</sup> June

MONDAY			
TIME	AGE GUIDE	STYLE	STUDIO
4.00PM - 4.30PM	JUNIOR 6-11 YRS	TAP	B
4.30PM - 5.00PM	JUNIOR 6-9 YRS	JAZZ/HIP HOP	B
5.00PM - 5.30PM	JUNIOR 6-9 YRS	BALLET	B
5.30PM - 6.15PM	INTER 9-12 YRS	BALLET	B
6.15PM - 6.45PM	INTER 9-12 YRS	JAZZ/HIP HOP	B
6.45PM - 7.30PM	INTER/SENIOR 10 YRS+	TAP	B
7.30PM - 8.00PM	INTER/SENIOR 10 YRS +	BODY CONDITIONIN/ACRO	B
8.00PM - 8.30PM	SENIOR 12 YRS +	JAZZ/HIP HOP	B
8.30PM - 9.00PM	SENIOR 12 YRS +	LYRICAL/CONTEMPORARY	B

### TERM DATES 2022

Term 1 – 31 Jan – 08 Apr
Term 2 – 26 Apr – 24 Jun
Term 3 – 11 Jul – 16 Sep
Term 4 – 03 Oct – 12 Dec